

## **BODY TREATMENTS**

#### FULL BODY EXFOLIATION / 45 mins / £31.00

An invigorating body exfoliation treatment to eliminate dry, dull skin. It refines the skins texture and leaves it silky, soft & smooth. This treatment includes the use of a shower and an application of a nourishing body cream

#### **AROMATIC WELL BEING TREATMENT / 1hr 30 mins / £61.50**

This relaxing treatment includes a sugar – kiwi body exfoliation, menthol back mask and a energising and de-stressing massage with citrus essential oils. It is a relaxing, toning and re-hydrating treatment for the skin and gives a feeling of 'well being'.

#### AROMATIC SPA TREATMENT/ 2 hr 15 mins / £92.00

Combines the Aromatic well being Treatment with the Aromatic Facial – pure pampering!

#### PREGNANCY PAMPERING TREATMENT / 1hr 30m / £63.50

This relaxing treatment has been created especially for expectant mums to revitalise the face and body. One & a half hours of complete pampering, which includes a mini facial and lots of relaxing massage on lower legs and body to relieve discomfort from pregnancy. A real tonic.

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## CONDITIONING BACK TREATMENT / 45 mins / £34.00

Often a neglected area, this treatment provides a facial for the back. With exfoliation, massage and conditioning mask, it will soothe tired muscles and nourish the back. \* Ideal before that special occasion / holiday\*

# G5 MASSAGE TREATMENT / 30 mins / £23.00 x 6 £124.00

This treatment is a very deep intense mechanical massage using the G5 massage machine. This has all the benefits of Swedish massage but can penetrate a lot deeper, helping to create lymph flow, boost circulation and remove toxins much faster. Used in conjunction with a healthy life style there is nothing better for the removal of stubborn cellulite. \* Specific areas of the body can be targeted as required by the client\*

## GUINOT TECHNI BODY WRAPS / 1hr 15mins / £59.00 x 3 £160.00 / x 6 £300.00

Using an in depth massage combined with carefully formulated serums and a uniqe body wrap, these treatments visably reduce the appearance of cellulite and restore's the skins firmness.

## **TECHNI FIRMING**

Designed to firm the body and tone the skin, using crelastin B to improve the skin's elasticity and Alana Esulenta to fight against slaking.

## **TECHNI SLIMMING**

Containing Caffeine and Isoslim Complex, this treatment combats stubborn cellulite, inhibiting the formation of new fat in the targeted area, refining and smoothing the silhouette.